## Take the Pause Reflect Include challenge:

## PAUSE

- Take a moment, take a breath.
- Observe and listen with an open mind.

## REFLECT

- Is everyone included?
- How might each person be feeling?
- Is there more I need to learn or know?
- How can we be more inclusive?

## INCLUDE



• Adjust the activity to include everyone.

• Involve students in the decision making.

• Work together to create a more inclusive and respectful environment.





Department of Education



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