As a student, how can I have a voice in choices about my learning at school?

Transcript

00:00:00 – 00:00:09	[Music]
00:00:10 - 00:00:33	When I'm falling behind in the task or something immediate that is like - I'm struggling with this subject right now, I'd usually tell the teacher after class, or during class if there's time. And I'd ask them: "Do you mind if I have an extension on this task?", which they're usually pretty understanding of that.
00:00:34 - 00:00:39	Or if I need help with a task because I don't really understand something, then they will usually sit with me and explain it to me.
00:00:40 - 00:00:52	Sometimes teachers will ask me if there's anything they could do to improve my learning experience based off of something that I've told them.
00:00:53 - 00:01:16	So, if I'm not the first to raise an issue, or my parent isn't, then they won't ask. But if I do say that there's something wrong, then they will tend to approach me after class, or during class, when they can, to ask me how they can change their way of teaching or make the classroom a more suitable place for me.
00:01:22 - 00:01:35	If I have a problem with something the teacher is doing or how the teacher's like teaching or running the classroom - I often feel like approaching them is a bit confronting and I don't feel comfortable doing it.
00:01:36 - 00:01:50	So, a lot of the times I ask a parent to email the teacher or they would email the coordinator who would contact the teacher to say: "This is an issue, and this is what needs to happen." or, "Do you mind improving this?"
00:01:51 - 00:02:10	I feel more comfortable to let a teacher know that I need help with something or that I feel like something needs to be adjusted in the classroom, with my learning, or the teaching, when they present themselves as someone who is open for feedback and who is caring for the student's wellbeing.
00:02:11 - 00:02:21	They do this a lot of the time by asking, checking in on students casually and regularly, whether it just be like twice a week, once or twice a week or even each lesson.
00:02:22 - 00:02:35	They say, "Is there anything I could help you with?" or, "How is everyone's weekend?" or, "How is everyone's day going?" It makes them seem more open and more, like, more open for feedback.
00:02:36 - 00:02:58	When teachers take time to focus on the student's mental health and wellbeing in each lesson, or even just every few lessons, just checking on how everyone's doing, that makes me a lot more comfortable to consult my teacher as I know that they do care about my wellbeing.

00:02:59 – 00:03:09   [Music]